



CONSOLIDATED LABORATORY SERVICES

"Continued Commitment to Quality and Service"

SEMEN ANALYSIS INSTRUCTIONS

(Specimens accepted Monday-Friday from 6:30 a.m. to 1 p.m. only.)

- A. Instructions for the collection and delivery of semen sample.
1. Refrain from sexual intercourse and masturbation for at least 2 days but not more than 7 days.
 2. Produce the sample by masturbation without artificial lubrication. If masturbation is not possible, a specialized condom may be obtained from physician. Specimen collected in regular condom is not acceptable.
 3. Collect the sample in a clean, wide-mouth container (glass or plastic) provided by the physician. It is important that the whole ejaculate is collected. If not, the sample should be labeled >incomplete= on part B below.
 4. Label the specimen with name, date and time of collection, and complete part B listed below.
 5. **Within 1 hour of collection**, bring the sample to main laboratory at St Vincent's Medical Center (located on the third floor above the Emergency Room at 1 Shircliff Way, Jacksonville, FL). Facilities are not available to collect the sample at the Medical Center. Specimens must be brought to the main lab; specimens brought to Patient Service Centers will be rejected.
 6. Keep the sample warm in a pocket near to your body. Along with the sample, you must bring this form **and the test request from your physician office**. This form cannot substitute for the actual test order.

- B. Record form for semen analysis. **To be completed by patient prior to bringing specimen to lab.**

NAME: _____ DATE _____ COLLECTION TIME _____

METHOD OF COLLECTION: () Masturbation () Other _____

SPECIMEN CONTAINER TYPE: () Glass () Plastic

DAYS OF ABSTINENCE: _____ Days

COMPLETENESS OF EJACULATE: () Complete () Incomplete / Spilled

TRANSPORT TEMPERATURE EXPOSURE: () Normal Temperature
() Extreme Temperature

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